

TEDx



**J** **JENNY**  
**GARRETT**

TRANSFORMING THE WORLD,  
ONE EMPOWERED WOMAN  
AT A TIME.

**SPEAKER & PROMO PACK**

# JENNY GARRETTS

## CLIENTS



Jenny has reached an audience of over 30,000 through her speaking engagements and coached individuals all over the globe from Australia, to Botswana, the US, Spain and the UK, with over 3000 coaching hours under her belt.

Jenny provides motivational, engaging and pragmatic talks on:

- **SUCCESS SECRETS FOR WORKING WOMEN**
- **YOUR LEADERSHIP STORY**
- **FEMALE BREADWINNERS, EVOLUTION OR REVOLUTION**
- **EMPLOYEE TO ENTREPRENEUR**
- **COACHING – THE DIFFERENCE THAT MAKES A DIFFERENCE**
- **BEING SOLUTION FOCUSED**
- **WHO GETS HEARD AND WHY?**



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Building a better  
working world



# ABOUT JENNY

"IT'S IMPORTANT TO KEEP CHALLENGING YOURSELF"

Jenny Garrett is an Award Winning Coach with over 10 years experience of running a Global Business. Her mission is to transform the world, one empowered woman at a time. She uses her years of experience in coaching and leadership to inspire and motivate people, working with them to deliver career and life changing results beyond expectation.

She has reached an audience of over 30,000 through her speaking engagements, including a TEDx Talk, and coached individuals all over the globe from Australia, to Botswana, the US, Mexico, Spain and the UK, with over 3000 coaching hours under her belt. Her most recent clients include MasterCard, EY and Mace Macro.

Jenny is regularly asked for expert opinion in the media and has featured in BBC Radio 4 Woman's Hour, The Telegraph, Sky News and Glamour magazine. A client recently described Jenny as a 'yoga stretch for the career!' Jenny's work is characterised by having, depth, personalisation and meaning, or some would say 'soul'.

"ONE OF THE KEYS TO MAKING THINGS HAPPEN, IS YOUR PERSPECTIVE"



WATCH JENNY  
INTERVIEWED ON SKY  
NEWS



WATCH JENNY SPEAK  
AT BT WOMEN



WATCH JENNY AT THE  
WORK & FAMILY SHOW



# JENNY'S TESTIMONIALS

American Express invited Jenny to launch our Mentoring programme. Her name alone drew in the crowds to the event, with NO drop outs. The subsequent feedback from the event was phenomenally positive and we feel very fortunate to have met Jenny who could share her wealth of experience and knowledge with us. On a personal note, I wanted to say how inspiring I found her presentation and I have a copy of her book which I will enjoy reading!

**Nousheh Paris, Director Sales & Implementation at American Express**

**“JENNY GAVE AN INSPIRING TALK”**

We were really pleased to have Jenny on board at The Telegraph TeleWonderWomen Women in Politics event and thought she made an excellent contribution to the panel and provided some great insights around women's attitude to leadership and positions of power, women's ambition and challenging the concept of women needing to change their attributes to succeed.

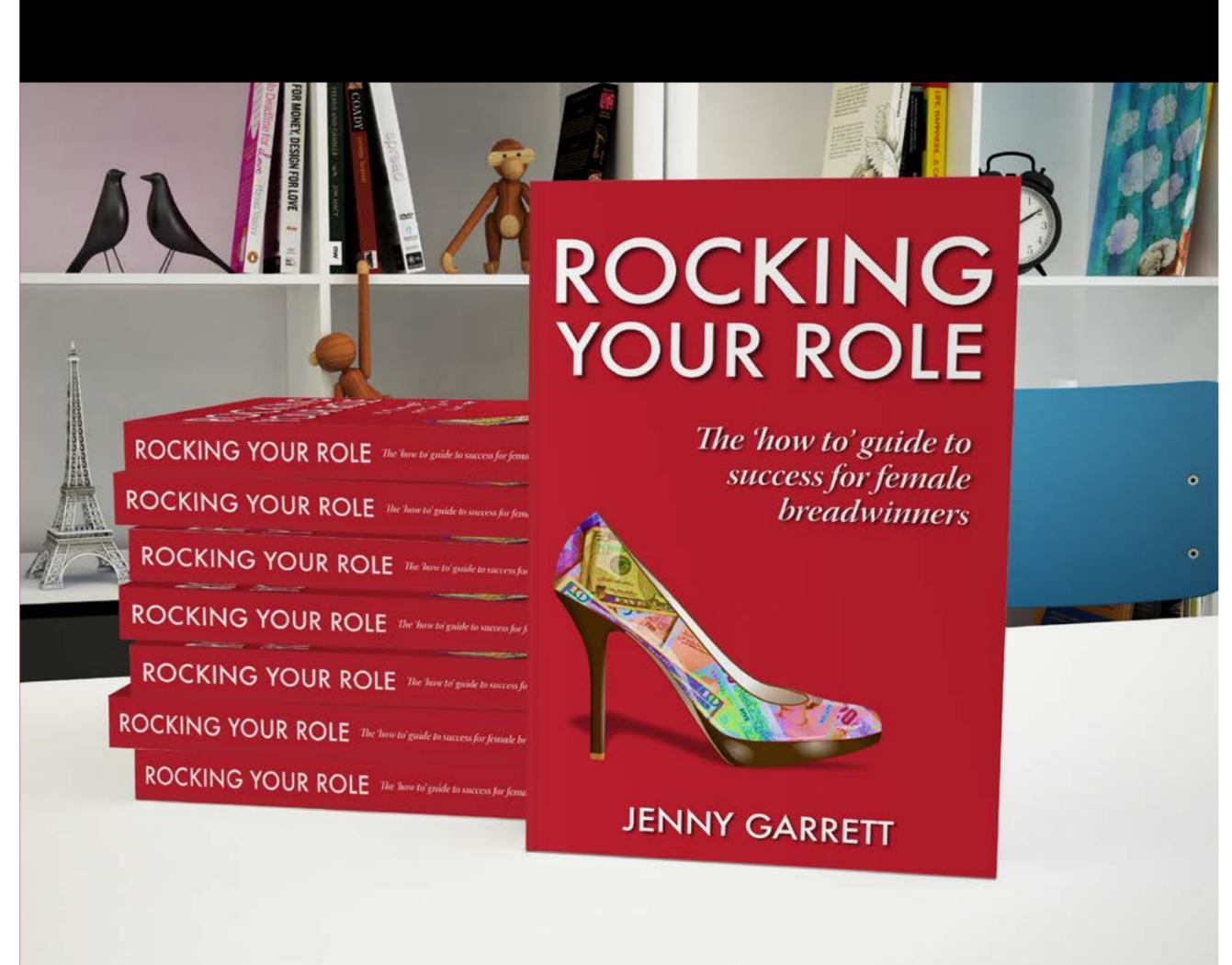
**Amy MacLaren, Associate Director, Four Colman Getty**

**“SHE HELPED ME TO DEVELOP MY OWN PLAN AND COMMITMENT TO DELIVER THE PLAN.”**

Jenny delivered an interactive, informative and engaging session on “Being Heard at Work” for a joined Societe Generale and PWN (Professional Women's Network) London event. The session attracted about 80 people and both men and women in the audience felt that they had received practical take away tips.

**Ines Wichert  
D&I Centre of Excellence at IBM United Kingdom Ltd**

**“JENNY'S USE OF STORIES TO BRING HER MESSAGE TO LIFE”**



## ROCKING YOUR ROLE BY JENNY GARRETT

“Rocking Your Role” sets out to go beneath the surface of what it means to be a Female Breadwinner. This book doesn't only provide practical tips and case studies, but is a 'how to' in the form of tried and tested transformational activities and reflections to guide you to success. Men and women have found it an insightful read for the modern family to craft the life they want.



# BOOK JENNY

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